

# FOR IMMEDIATE RELEASE

CONTACT: Toby Israel or Samantha Waterman  
EMAIL: [toby@esdprofessionals.org](mailto:toby@esdprofessionals.org),  
[waterman@esdprofessionals.org](mailto:waterman@esdprofessionals.org), (703) 232-1636



## Growing ESD, Thriving Together: First Annual Conference of the Association of ESD Professionals

Worldwide, May 30, 2023 – The Association of ESD Professionals is thrilled to announce that registration is now open for the First Annual Conference, to be held April 19-20, 2024 in Costa Rica. The Conference is for empowerment self-defense (ESD) professionals, practitioners, and those wanting to learn more about ESD.

ESD professionals and enthusiasts, violence prevention experts, and other practitioners in complementary fields are warmly invited for two days of community building, learning, and growing—together. Participants in the conference will have the opportunity to showcase their work, learn from peers, forge new alliances, and visit with old friends. The event is sure to be equal parts inspirational, enriching, and fun!



*“Our theme, Growing ESD, Thriving Together, is about what we can do to expand the reach of ESD while bringing together ESD practitioners from around the world to support one another.*

*United in our mission to prevent and stop violence through empowerment self-defense, we believe the movement can go further by bringing ESD to more people, everywhere.”*

—Samantha Waterman, Executive Director

Learn more about the Association of ESD Professionals Conference at our website:  
<https://www.esdprofessionals.org/first-annual-event-2024>.

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